

Sample Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Exercise 10:00 Coffee Time 11:00 News of the Day 1:00 Root Beer Floats 2:30 Popcorn/Movie 4:30 Group-Sing-A-Long	2 9:30 AM Stretch 10:00 Coffee/Cookies 11:00 Newspaper Clips 1:00 Nails/Hair Time 2:30 Bingo 4:30 Read Aloud	3 9:30 Exercise 10:00 Coffee/Cookies 11:00 Painting 1:00 Backyard Walk 2:30 Crosswords 4:30 Music Time	4 9:30 AM Stretch 10:00 Tea Time 11:00 Puzzle Time 1:00 Pet Therapy 2:30 Taboo 4:30 Spin Records & Dance	5 9:30 Exercise 10:00 Coffee/Cookies 11:00 Card Bingo 1:00 Scrabble 2:30 Tea Time 4:30 Group-Sing-A- Long	6 9:30 AM Stretch 10:00 Coffee Time 11:00 Bible Study 1:00 Ice Cream Social 2:30 Popcorn/Movie 4:30 Read Aloud	7 9:30 Exercise 10:00 Coffee/Cookies 11:00 Pet Visit 1:00 Card Bingo 2:30 Trivia 4:30 Backyard BBQ
8 9:30 AM Stretch 10:00 Coffee/Cookies 11:00 News of the Day 1:00 \$.99 Store 2:30 Popcorn/Movie 4:30 Functional skills	9 9:30 Exercise 10:00 Coffee/Cookies 11:00 Newspaper Clips 1:00 Hair cuts 2:30 Bingo 4:30 Functional skills	10 9:30 AM Stretch 10:00 Coffee Time 11:00 Ball Toss 1:00 Painting 2:30 Sing-a-long 4:30 Functional skills	11 9:30 AM Stretch 10:00 Coffee Time 11:00 Ball Toss 1:00 Painting 2:30 Sing-a-long 4:30 Functional skills	12 9:30 AM Stretch 10:00 Tea Time 11:00 Card Bingo 1:00 Scrabble 2:30 Tea Time 4:30 Functional skills	13 9:30 Exercise 10:00 Coffee/Cookies 11:00 Bible Study 1:00 Happy Hour 2:30 Bingo 4:30 Functional skills	14 9:30 AM Stretch 10:00 Coffee Time 11:00 Newspaper clips 1:00 Walmart 2:30 Puzzle Time 4:30 Functional skills
15 9:30 Exercise 10:00 Coffee Time 11:00 News of the Day 1:00 Banana Splits 2:30 Popcorn/Movie 4:30 Functional skills	16 9:30 AM Stretch 10:00 Coffee/Cookies 11:00 Newspaper Clips 1:00 Nails/Hair Time 2:30 Bingo 4:30 Functional skills	17 9:30 Exercise 10:00 Coffee/Reminisce 11:00 Painting 1:00 Ball Toss 2:30 Tea Time 4:30 Functional skills	18 9:30 AM Stretch 10:00 Tea Time 11:00 Puzzle Time 1:00 Pet Therapy 2:30 Trivia 4:30 Functional skills	19 9:30 Exercise 10:00 Coffee/Cookies 11:00 Card Bingo 1:00 Scrabble 2:30 Tea Time 4:30 Functional skills	20 9:30 AM Stretch 10:00 Coffee Time 11:00 Bible Study 1:00 Ice Cream/Pie 2:30 Popcorn/Movie 4:30 Functional skills	21 9:30 Exercise 10:00 Coffee/Cookies 11:00 Pet Visit 1:00 Card Bingo 2:30 Trivia 4:30 Functional skills
22 9:30 AM Stretch 10:00 Coffee Time 11:00 News of the Day 1:00 TJ Max outing 2:30 Popcorn/Movie 4:30 Functional skills	23 9:30 Exercise 10:00 Coffee Time 11:00 Newspaper Clips 1:00 Hair cuts 2:30 Bingo 4:30 Functional skills	24 9:30 AM Stretch 10:00 Coffee/Reminisce 11:00 Painting 1:00 Arts & Crafts 2:30 Sing-a-long 4:30 Functional skills	25 9:30 Exercise 10:00 Tea Time 11:00 Puzzle Time 1:00 Pet Therapy 2:30 Scrabble 4:30 Functional skills	26 9:30 AM Stretch 10:00 Coffee/Cookies 11:00 Card Bingo 1:00 Spelling Bee 2:30 Tea Time 4:30 Functional skills	27 9:30 Exercise 10:00 Coffee Time 11:00 Bible Study 1:00 Travel Time 2:30 Bingo 4:30 Functional skills	28 9:30 AM Stretch 10:00 Coffee/Cookies 11:00 Newspaper clips 1:00 Walmart 2:30 Trivia 4:30 Functional skills
29 9:30 Exercise 10:00 Coffee Time 11:00 News of the Day 1:00 Baking Time 2:30 Bible Trivia 4:30 Functional skills	30 9:30 AM Stretch 10:00 Coffee/Cookies 11:30 McDonalds 1:00 Nails/Hair Time 2:30 Bingo 4:30 Functional skills	31 9:30 Exercise 10:00 Coffee/Reminisce 11:00 Painting 1:00 Ball Toss 2:30 Travel Time 4:30 Functional skills	The persons who will “plan, conduct and assist residents” is the administrator and caregivers.			